



HEALTH CHARTER

of the 2nd WFWF 2007 in Ascona - Monte Verità

To all peoples upon this Earth. Today's society and the current state of our environment demands that peace, health and well-being of human beings with their free will be permanently preserved. For this reason, people from Switzerland, Germany and Austria (and from certain other European countries as well as from other continents of the world) have agreed to support one another in word and deed, for their better protection and sustainment, in the face of the evils of our time.

In the quest for a healthy and strong world population that is able to withstand the demands of society, the economy, the world and the environment, we herewith resolve:

- to be personally accountable for our health and our physical and psychological strength, and
- to assist others to achieve this too,
- within the bounds of reasonableness, to assist others who are not strong enough to help themselves,
- to ensure our nourishment supports our health and vitality,
- to ensure, as far as we are able and in an environmentally sound manner, that every human being has access to healthy nourishment, each – as far as possible – in accordance with his own wishes,
- to ensure we live a healthy lifestyle and to empower others to do so, and
- to make this knowledge and its practical implementation available at schools.

Every human being should be free to choose, irrespective of sex and age, how he/she wishes to achieve health and strength, without detriment to others. Self-responsibility within the family, to other human beings and to society, as well as to all other forms of life, in harmony with creation, requires us to be strong and healthy.

This Charter shall, should the people so wish, remain in force for as long as appears necessary. These resolutions have been drafted by the above named with the purpose of giving social development a new impulse.

Issued on October 19th of the year 2007.